

**ASK ABOUT OUR
DAILY DEALS &
SPECIALS**

MENU

meals named after local Porirua bicycle trails

BAGEL

	half	full
'Tu Meke' Bacon'n'eggs <i>free range bacon & eggs-hollandaise- GF*</i>	13.00	25.00
'Colonial' Halloumi <i>grilled halloumi-organic salad greens-cream cheese-onion jam-cumin seeds-feta-tzatziki *GF *V</i>	13.00	25.00
'Rangituhi' Chicken <i>crispy fried chicken-salad greens-cucumber-mayo-Katsu sauce *VE</i>	13.00	25.00
'Chimney Sweep' Tomato & Guac <i>cauli-Kimchi-organic salad & micro cream cheese-pesto-guac-cherry tomatoes-organic V *VE *GF</i>	10.00	19.00
'Doctor' Salmon <i>cold smoked salmon-salad greens-cream cheese-red onion-cucumber-capers-lemon & coriander dressing-aioli-dill *GF</i>	14.00	27.00
'Blaster' Bacon <i>free range bacon-sundried tomatoes-salad greens-onion jam-Rocketfuel-aioli *GF</i>	13.00	26.00
'Rough Justice' Crispy Cauli <i>Crispy cauli-salad greens- aioli-cucumber-cumin seeds VE V</i>	13.00	25.00
'Bothamley' Toastie <i>closed toasted bagel with ham-tasty cheese-mustard-aioli-side salad or curly fries *GF</i>	15.00	
Just with Spread <i>toasted bagel with your choice of spread Nutella or Jam or Vegemite or cream,cheese & jam *GF</i>	5.00	9.00

SALAD

Middle Eastern 'Utiwai' <i>falafel-sundried & cherry tomatoes-cucumber-salad greens-minty sauce-Rocketfuel-aioli-roast cumin seeds VE</i>	24.00
Cheesy 'Puketiro Loop' <i>grilled halloumi-cumin seeds-cherry tomatoes-feta-balsamic vinegar-cucumber-tzatziki-organic-salad greens V GF</i>	24.00
Cold Smoked 'Te Ara Tai Tonga' <i>cold smoked salmon-salad greens-red onion-cucumber-capers-lemon & coriander dressing-aioli-dill GF</i>	26.00
Crispy 'Track Stand' <i>Crispy fried chicken-salad greens-cucumber-Katsu-mayo *VE</i>	26.00



KIDS MEAL

served with a fruit juice & curly fries or side salad for children aged 12 and under

16.90

- Ham & Cheese Toasted Bagel *GF
- Cauli Bites VE V
- Disassembled Crispy Chicken Wrap with Cucumber, Cherry Tomatos & Aioli *VE no extra cost
- Crispy Chicken Tenders *VE
- Cheeseburger *VE

BURGER

served with curly fries

'Te Araroa' Cheeseburger <i>beef patty-cheese-special sauce-red onion-pickles. *VE</i>	26.00
The 'Spicer' Hottie <i>beef patty-pickles-buffalo sauce-special sauce-beetroot-mayo-jalapeños-organic salad greens *VE</i>	27.00
'Crash Palace' Crispy Chicken <i>crispy fried chicken-sesame soy-katsu sauce-cucumber-chipotle-organic salad greens-mayo *VE</i>	27.00
'Whitireia Loop' Brekkie Style <i>beef patty-guac-bacon-egg-tomato sauce-siracha-hollandaise</i>	28.00

SIDES & SHARING

curly fries	12.50
kumara fries with aioli	13.50
cauli bites with aioli & chipotle	15.50
crispy chicken tenders *VE	20.00
sausage roll *VE no extra charge served with fries or side salad	13.00
sharing platter inc. an array of ingredients from our menu	35.00

***VE = VEGAN OPTIONAL + \$5 | VE = VEGAN | V = VEGETARIAN**
***GF = GF OPTIONAL + \$2/\$4 | GF = GLUTEN FREE ADD BACON, SALMON OR HALLOUMI \$6 ADD EXTRA PATTY \$5 ADD EGG \$3**

our kitchen is not gluten or allergen free & we do not have separate cooking areas for vegan items

